



OCTOBER ~ DECEMBER 2018 CHOICE LUNCH MENU



** SECOND CHOICE OPTIONS **

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
YOGURT LUNCHABLE ✓ (sunflower seeds, fresh veggie, fruit and graham crackers)	TUNA SALAD CROISSANT SANDWICH (fresh veggies, fruit and cookie)	CHICKEN FAJITA SALAD (grilled chicken, veggies on a bed of romaine lettuce, homemade chipotle ranch dressing, artisan roll and fruit)	HAM* & CHEESE "PINWHEEL" WRAP (on whole wheat tortilla, fresh veggies, fruit & goldfish cracker)	PROTEIN LUNCH ✓ SUN BUTTER JELLY SANDWICH (on whole grain bread, cheese stick, fresh veggie and fruit)
OCTOBER 1				
1 SMOTHERED BEAN CHEESE BURRITO ✓ FRESH VEGGIES & APPLE	2 CHICKEN TENDERS SEASONED POTATO WEDGES CHERRY TOMATOES & ORANGE	3 CORN DOG TWO BEAN SALAD & CARROTS KIWI & TROPICAL JELLO	4 PEPPERONI PIZZA* VEGGIE SALAD STRAWBERRIES	5 TERIYAKI CHICKEN VEGGIE RICE BOWL CANTALOUPE & MINI COOKIES
8 CHICKEN SANDWICH LETTUCE & PICKLES BBQ BEANS & PLUM	9 PANCAKE BRUNCH CHERRY TOPPING & SAUSAGE TATER TOTS & ORANGE	10 CHEESY BREAD BITES ✓ MARINARA SAUCE VEGGIES/DIP & FRESH MELON	11 CHEESE PIZZA ✓ VEGGIE SALAD STRAWBERRIES	12 CHICKEN EGGROLL VEGGIE UN-FRIED RICE KIWI & FORTUNE COOKIE
15 GRILLED CHEESE SANDWICH ✓ FRESH VEGGIES/DIP & PEACHES	16 CHICKEN TENDERS SEASONED POTATO WEDGES CHERRY TOMATOES, ROLL & FRUIT	17 CHEESEBURGER VEGGIE STICKS PEACHES & CHEETOS	18 PEPPERONI PIZZA* VEGGIE SALAD APPLE	19 BBQ PULLED PORK SANDWICHES* BBQ BEANS, VEGGIE & FRUIT
FALL BREAK OCTOBER 22 - 26				
			NOVEMBER 1	
29 BEAN & CHEESE BURRITO ✓ FRESH VEGGIES & FRUIT	30 CHICKEN TENDERS SEASONED POTATO WEDGES CHERRY TOMATOES, ROLL & FRUIT	31 HOT DOG 🍷 (CA Miller's Beef - All Natural) BBQ BEANS, FRUIT & JELLO	PEPPERONI PIZZA* VEGGIE SALAD APPLE	2 BBQ HONEY RIB DIPPERS* WHIPPED SWEET POTATOES SALAD, GRAPES & SUPERSTAR
5 CHICKEN SANDWICH LETTUCE & PICKLES BBQ BEANS & FRUIT	6 PANCAKE BRUNCH BLUEBERRY TOPPING SAUSAGE, TATER TOTS & ORANGE	7 CHEESY BREAD BITES ✓ MARINARA SAUCE FRESH VEGGIES/DIP & FRUIT	8 CHEESE PIZZA ✓ VEGGIE SALAD APPLE	9 TERIYAKI CHICKEN VEGGIE RICE BOWL FRESH FRUIT & BEAR GRAHAMS
12 VETERAN'S DAY (OBSERVED) 🇺🇸	13 CHICKEN TENDERS WHIPPED SWEET POTATOES ALOHA ROLL & KIWI	14 CHEESEBURGER LETTUCE & PICKLES CARROTS, FRUIT & FRITOS	15 TURKEY & GRAVY MASHED POTATOES & SALAD ROLL, MANDARIN & PUDDING	16 CHICKEN EGGROLL VEGGIE UN-FRIED RICE PINEAPPLE & FORTUNE COOKIE
19 GRILLED CHEESE SANDWICH ✓ FRESH VEGGIES/DIP & APPLE	20 PANCAKE BRUNCH STRAWBERRY TOPPING SAUSAGE, POTATOES & ORANGE	21 CORN DOG TWO BEAN SALAD & CARROTS KIWI & HOLIDAY COOKIE	22 HAPPY THANKSGIVING! 🦃	
26 BEAN & CHEESE BURRITO ✓ FRESH VEGGIES/DIP & FRUIT	27 CHICKEN TENDERS WHIPPED SWEET POTATOES FRESH VEGGIE, FRUIT & ROLL	28 CHEESY BREAD BITES ✓ MARINARA SAUCE FRESH VEGGIES/DIP & FRUIT	29 PEPPERONI PIZZA* VEGGIE SALAD APPLE	30 BBQ HONEY RIB DIPPERS* BBQ BEANS & SALAD FRUIT & SUPERSTAR
DECEMBER 3				
4 CHICKEN SANDWICH LETTUCE & PICKLES BBQ BEANS & FRUIT	5 PANCAKE BRUNCH BERRY TOPPING & SAUSAGE TATER TOTS & ORANGE	6 CHEESEBURGER CARROTS & FRUIT FRUIT & CHEETOS	7 CHEESE PIZZA ✓ VEGGIE SALAD APPLE	8 TURKEY & GRAVY MASHED POTATOES & SALAD ROLL, MANDARIN & PUDDING
10 GRILLED CHEESE SANDWICH ✓ FRESH VEGGIES/DIP & FRUIT	11 CHICKEN TENDERS SEASONED POTATO WEDGES CELERY STICKS, KIWI & ROLL	12 CORN DOG WHITE BEAN SALAD & CARROTS KIWI & GOLDFISH CRACKERS	13 PEPPERONI PIZZA* VEGGIE SALAD APPLE	14 TERIYAKI CHICKEN VEGGIE RICE BOWL FRUIT & CINNAMON GRAHAMS
17 BEAN & CHEESE BURRITO ✓ FRESH VEGGIES/DIP & FRUIT	18 PANCAKE BRUNCH BLUEBERRY TOPPING SAUSAGE, POTATOES & ORANGE	19 CHEESY BREAD BITES ✓ MARINARA SAUCE & VEGGIES FRUIT & GINGERBREAD	20 CHEESE PIZZA ✓ VEGGIE SALAD APPLE	21 BBQ HONEY RIB DIPPERS* BBQ BEANS & SALAD MANDARIN & COOKIE 🎄

Choice of 1% unflavored milk or non-fat chocolate milk *May contain pork ✓vegetarian Menu Subject to Change without notice

"TASTE THE LOVE!"
Cherry Tomatoes from local Greg's Organics...

Featured are Fresh, Local and Organic KIWI FRUIT from Wild River Farms



School Lunch ~ Balanced Nutrition, Reasonably Priced!
Best of all are kid friendly!



For menus and interesting School & Nutrition Information visit our website at: WWW.NEVADACOUNTYCNS.COM

WE'RE HIRING! JOIN THE GVSD CHILD NUTRITION SERVICES TEAM. CALL 530-272-2236 OR APPLY AT WWW.GVSD.US